

WEEKLY

MENU

The John Fisher School



Monday

Italian Style Chicken Arribatta
served with Penne Pasta

Jambalaya with Chicken and
Sausage

Creamy Penne Pasta with
Basil, Mushroom, Spinach and
Garlic (V)

Jerk Seasoned Chicken
Burrito

Cheeseburger Muffin

Tuesday

Sweet and Sour Chicken with
Rice

Sausage and Beef Meatballs
and Mash Potatoes

Thai Style Green Vegetable
Curry with Fragrant Rice (V)

Fajita Seasoned Chicken Wrap

Garlic Ciabatta with Ham and
Mozzarella

Wednesday

Creamy Chicken, Sweetcorn
and Pepper Pasta

Chilli Beef Nachos with
Cheese and Tortillas

Mixed Bean and Vegetable
Salsa Nachos

BBQ Chicken and Cheese
Subs

Homemade Sausage Roll in
Puff Pastry

Thursday

Italian Style Beef Lasagne Al
Forno

Chicken Katsu Curry with
Vegetable Rice

Roasted Vegetable Lasagne Al
Forno (V)

Cheese and Bacon Muffin

Sausage in a Roll

Friday

Breaded Fish Fillet and Chips

Breaded Fish Fingers and
Chips

Cheese, Onion and Potato
Puff Pastry Bake (V)

Tuna, Pepper and Sweetcorn
Penne Pasta Pot

Vegetable Biryani

Available daily

Week's Commencing
Monday 13/11, 04/12, 08/01, 29/01, 26/02, 18/03