



Take Away Home Learning

Year 8 - Spring
Food Technology

The Peri-ometer 4 task menu shows the level of challenge of each task ranging from extra mild to extra hot. All tasks should be completed during the term.



<p>Global Cuisine Blog Post Write a blog post about a global cuisine you're interested in.</p>	<p>Research a specific country's cuisine, pick three traditional dishes, and describe their history, ingredients, and why they appeal to you.</p>	<p>Use BBC Good Food (https://www.bbcgoodfood.com/) for dish ideas and WordPress (https://wordpress.com/) for setting up a simple blog.</p>
<p>Sustainable Eating Presentation Create a presentation on the topic of sustainable eating.</p>	<p>Explain what sustainable eating is, why it's important, and how you can do it, using slides or posters.</p>	<p>Look at Friends of the Earth (https://friendsoftheearth.uk/) for information on sustainable practices and Prezi (https://prezi.com/) for creating engaging presentations.</p>
<p>'Food Miles' Infographic Poster Make an infographic poster about food miles and their impact.</p>	<p>Research what food miles are, how they affect the environment, and illustrate this information in an infographic.</p>	<p>Visit Carbon Trust (https://www.carbontrust.com/) for data on carbon footprints and eg. Piktochart (https://piktochart.com/) for infographic templates.</p>
<p>Healthy Lunchbox Challenge Design a week's worth of healthy lunchboxes</p>	<p>Plan and illustrate five healthy and balanced lunchbox ideas, including all food groups.</p>	<p>For balanced meal ideas, look at Change4Life (https://www.nhs.uk/change4life/) and use eg. Canva (https://www.canva.com/) to design the layout.</p>