

WEEKLY

MENU

John Fisher School Week 1

Monday

Chilli Beef with Rice & Nacho's

Jerk Chicken Drumstick with Rice & Peas

Baked Stuffed Peppers

Sausage in a Roll

Spicy Lamb and Potato Wrap

Tuesday

Chicken Yakitori with Vegetable Rice

Pulled Pork & Cheese Flatbread

Slow Roasted Vegetable Penne Pasta Bake

Spicy Meat Feast Ciabatta Pizza

Curried Chicken Wrap

Wednesday

Macaroni Cheese with Ham & Chives

Macaroni Cheese with Cheese, Saute Leeks, Onions & Peppers

Spicy Chicken & Sausage Jambalaya

BBQ Chicken Pizza Panini

Freshly Made Sausage Rolls

Thursday

Coconut & Chilli Chicken with Rice

Sausage & Mashed potato

Sweet Potato, Spinach & Chickpea Biryani

Cheeseburger Muffin

Fajita Chicken Burrito

Friday

Breaded / battered Fish Fillet and Chips

Breaded Fish Fingers and Chips

Creamy Spinach & Tomato Pasta Bake

Breakfast Burger

Garlic Bread with Cheese

Sandwiches, Salads and Pasta Pots