



THE JOHN FISHER SCHOOL

BREAK MENU EVERY WEEK



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ITEM A	Bacon in a Roll	Sausage in a Roll	Pepperoni Panini Pizza	Pastry Sausage Roll	Cheese & Tomato Pizza
ITEM B	Cheese Panini	Savoury Cajun Wedges	Cheese & Tomato Panini Pizza	Pain au Chocolate	Cheese & Tuna Panini
ITEM C	Waffle	Waffle	Waffle	Waffle	Waffle
DRINKS	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water

ONE ITEM AND A DRINK - £2.

CHOOSE ANY ITEM FROM A, B OR C EACH DAY.



THE JOHN FISHER SCHOOL

LUNCH MENU WEEK BEGINNING 16TH NOVEMBER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Sausage & Bean Pasta	Chicken Tikka Masala & Rice	Macaroni Cheese & Bacon	Chicken Meatball Penne Pasta	Fish Burger & Wedges
VEGGIE OPTION	Spicy Bean Pasta	Lentil & Chickpea Tikka Masala & Rice	Macaroni Cheese & Roasted Tomato	Roasted Vegetable Penne Pasta	Bean Burger & Wedges
VEGAN OPTION	Mixed Bean Ragout	Lentil & Chickpea Dahl & Rice	Roasted Vegetable Medley	Aubergine & Tomato Pasta	Bean Burger & Wedges
PUDDING	Fresh Fruit or Cookie	Fresh Fruit or Chocolate Donut	Fresh Fruit or Cookie	Fresh Fruit or Waffle	Fresh Fruit or Cookie
DRINKS	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water

ALL MEAL DEALS ARE £3.

A DAILY SELECTION OF FRESH GRAB & GO ITEMS ARE ALSO AVAILABLE. SOME DISHES MAY VARY AND ARE SUBJECT TO AVAILABILITY.



THE JOHN FISHER SCHOOL

LUNCH MENU WEEK BEGINNING 23RD NOVEMBER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chilli Beef Nachos & Cheese	Chicken & Veg Korma & Rice	Beef & Vegetable Cottage Pie	Piri Piri Chicken Braised Rice	Fish Burger & Wedges
VEGGIE OPTION	Spicy Bean Nachos & Cheese	Spinach & Sweet Potato Curry	Vegetable Cottage Pie	Stir Fry Veg & Egg Noodles	Cheese & Tomato Pasta
VEGAN OPTION	Spicy Bean Nacho's & Vegan Cheese	Spinach & Sweet Potato Curry	Vegetable & Potato Gratin	Stir Fried Veg & Rice	Vegan Burger & Wedges
PUDDING	Fresh Fruit or Cookie	Fresh Fruit or Chocolate Donut	Fresh Fruit or Cookie	Fresh Fruit or Waffle	Fresh Fruit or Cookie
DRINKS	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water

ALL MEAL DEALS ARE £3.

A DAILY SELECTION OF FRESH GRAB & GO ITEMS ARE ALSO AVAILABLE. SOME DISHES MAY VARY AND ARE SUBJECT TO AVAILABILITY.



THE JOHN FISHER SCHOOL

LUNCH MENU WEEK BEGINNING 30TH NOVEMBER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Bolognese Pasta	Chicken Korma & Rice	Beef Chilli Con Carne & Rice	Chicken & Bacon Pasta	Fish Burger And Wedges
VEGGIE OPTION	Tomato & Pepper Pasta	Lentil & Sweet Potato Curry	Vegetable Chilli & Rice	Vegetable Tagine & Cous Cous	Bean Burger & Wedges
VEGAN OPTION	Tomato & Pepper Pasta	Lentil & Sweet Potato Curry & Rice	Vegetable Chilli & Rice	Vegetable Tagine & Cous Cous	Bean Burger & Wedges
PUDDING	Fresh Fruit or Cookie	Fresh Fruit or Chocolate Donut	Fresh Fruit or Cookie	Fresh Fruit or Waffle	Fresh Fruit or Cookie
DRINKS	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water

ALL MEAL DEALS ARE £3.

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THE JOHN FISHER SCHOOL

LUNCH MENU WEEK BEGINNING 7TH DECEMBER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Sausage & Bean Pasta	Chicken Tikka Masala & Rice	Macaroni Cheese & Bacon	Chicken Meatball Penne Pasta	Fish Burger & Wedges
VEGGIE OPTION	Spicy Bean Pasta	Lentil & Chickpea Tikka Masala & Rice	Macaroni Cheese & Roasted Tomato	Roasted Vegetable Penne Pasta	Bean Burger & Wedges
VEGAN OPTION	Mixed Bean Ragout	Lentil & Chickpea Dahl & Rice	Roasted Vegetable Medley	Aubergine & Tomato Pasta	Bean Burger & Wedges
PUDDING	Fresh Fruit or Cookie	Fresh Fruit or Chocolate Donut	Fresh Fruit or Cookie	Fresh Fruit or Waffle	Fresh Fruit or Cookie
DRINKS	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water

ALL MEAL DEALS ARE £3.

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THE JOHN FISHER SCHOOL

LUNCH MENU WEEK BEGINNING 14TH DECEMBER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chilli Beef Nachos & Cheese	Chicken & Veg Korma & Rice	Beef & Vegetable Cottage Pie	Piri Piri Chicken Braised Rice	Fish Burger & Wedges
VEGGIE OPTION	Spicy Bean Nachos & Cheese	Spinach & Sweet Potato Curry	Vegetable Cottage Pie	Stir Fry Veg & Egg Noodles	Cheese & Tomato Pasta
VEGAN OPTION	Spicy Bean Nacho's & Vegan Cheese	Spinach & Sweet Potato Curry	Vegetable & Potato Gratin	Stir Fried Veg & Rice	Vegan Burger & Wedges
PUDDING	Fresh Fruit or Cookie	Fresh Fruit or Chocolate Donut	Fresh Fruit or Cookie	Fresh Fruit or Waffle	Fresh Fruit or Cookie
DRINKS	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water	Still or Sparkling Water

ALL MEAL DEALS ARE £3.

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