Aspiring for Academic, Cultural & Sporting Excellence'

Department: Physical Education – KS4 BTEC Sport & GCSE Sports Studies

Blended Learning Curriculum overview 2020-21 (TERM TWO)

In the event of a local lockdown, students isolating or school closure, please outline your approach to remote/blended learning below. DfE guidance stresses, there will be a need for ongoing provision of "remote learning" which "is high quality and aligns as closely as possible with in-school provision." Within departments, this may mean planning each unit or area of learning with an eye on how it could translate into virtual or remote practice, if necessary. For example, it might mean preparing booklets or text-based resources which could be used by students at home as well as at school. It might even mean having procedures and infrastructure in place for recording lessons, or for allowing simultaneous online access to classroom teaching.

Spring Term	Curriculum Time (Periods)	School provision	Lockdown provision (situation dependent)	Resources available?	Assessment & Feedback?
Year 9 BTEC	5 Periods every two	3/5 Live Lessons	Move all students to Google Classroom & Start	Power points	On-going assessment
AWARD	weeks	2/5 Work set	Learning Aim A: understand the rules, regulations		through completion of
(Single)			and scoring systems for selected sports	Activity sheets	Activity sheets
		(With flexibility)			
			Assessed by completion of activity sheets.	Delivery via Live	Submission through
	Unit 2: Practical			Zoom / Google	SMHW or Google
Topic/ Unit:	Sports Performance			Classroom and	Classroom
Topic/ Offic.				SMHW	
					Feedback through
				Youtube	Google Classroom and
				Kahoot	SMHW
YEAR 9 BTEC	5 Periods every two	3/5 Live Lessons	Move all students to Google Classroom & Start	Power points	On-going assessment
CERTIFICATE	weeks	2/5 Work set	Learning Aim A: Planning and organising a sports		through completion of
(Double)			Event	Activity sheets	Activity sheets
		(With flexibility)			
				Delivery via Live	Submission through
	Unit 11: Running a			Zoom / Google	SMHW or Google
Topic/ Unit:	Sports Event			Classroom and	Classroom
Topicy Offic.				SMHW	
					Feedback through
				Youtube	Google Classroom and
				Kahoot	SMHW

Year 9 GCSE	5 Periods every two	3/5 Live Lessons	Term 1 Knowledge recap followed by:	Power points	On-going assessment
SPORTS	weeks	2/5 Work set	 Antagonistic Muscle Pairs 	Exam Questions	through completion of
STUDIES			 Joint Classifications and Joint Movements 	Worksheets	worksheets
	Component 1:	(With flexibility)	- Blood vessels		
	Anatomy and		 The Respiratory System 	Delivery via Live	Submission through
	Physiology		 Alveoli & Gas Exchange 	Zoom / Google	SMHW or Google
			 Short term effects of exercise on the 	Classroom and	Classroom
			Muscular and Cardio Respiratory system.	SMHW	
Topic/ Unit:					Feedback both live
				Youtube	and from self
				Kahoot	marking/teacher
					marking

Lent Term	Curriculum Time	School provision	Lockdown provision (situation dependent)	Resources	Assessment & Feedback?
	(Periods)			available?	
Year 10	5 Periods every two	3/5 Live Lessons	Move all students to Google Classroom & Start	Power points	On-going assessment
BTEC	weeks	2/5 Work set	Learning Aim A: know about the components of	Exam Questions	through completion of
AWARD			fitness and the principles of training (Exam Unit)	Worksheets	worksheets
(Single)		(With flexibility)			
			- Aerobic Endurance	Delivery via Live	Submission through
	Unit 1: Fitness For		- Muscular Endurance	Zoom / Google	SMHW or Google
	Sport & Exercise		- Flexibility	Classroom and	Classroom
			- Speed	SMHW	
Topic/ Unit:			- Muscular Strength		Feedback both live
			- Agiliy	Youtube	and from self
			- Balance	Kahoot	marking/teacher
			- Coordination		marking
			- Power		-
			- Reaction time		

YEAR 10 BTEC CERTIFICATE (Double)	5 Periods every two weeks	3/5 Live Lessons 2/5 Work set (With flexibility)	Learning Aim D: know about rules, regulations and legislation associated with health and safety in sport.	Power points Activity sheets	On-going assessment through completion of Activity sheets
Topic/ Unit:	Unit 10: Injury and The Sports Performer			Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	Submission through SMHW or Google Classroom Feedback through Google Classroom and SMHW
Year 10	5 Periods every two	3/5 Live Lessons	Term 1 Knowledge recap followed by:	Power points	On-going assessment
GCSE	weeks	2/5 Work set	- Fitness, Health & Exercise Performance	Exam Questions	through completion of
SPORTS			- Relationship between Health & Fitness	Worksheets	worksheets
STUDIES		(With flexibility)	- CV Fitness & Muscular Endurance		
Topic/ Unit:	Component 3: Physical Training		 Flexibility & Reaction Time Power & Speed Agility, Balance & Co-ordination Body Composition & Strength Par Q & Fitness Tests 	Delivery via Live Zoom / Google Classroom and SMHW Youtube Kahoot	Submission through SMHW or Google Classroom Feedback both live and from self marking/teacher marking

Spring Term	Curriculum Time	School provision	Lockdown provision (situation dependent)	Resources	Assessment & Feedback?
	(Periods)			available?	
Year 11	5 Periods every two	3/5 Live Lessons	Move all students to Google Classroom & Start	Power points	On-going assessment
BTEC	weeks	2/5 Work set	Learning Aim C: implement a self-designed		through completion of
AWARD			personal fitness training programme to achieve	Activity sheets	Activity sheets
(Single)		(With flexibility)	own goals and objectives.		
				Delivery via Live	Submission through
			Learning Aim D: review a personal fitness training	Zoom / Google	SMHW or Google
			programme.	Classroom and	Classroom
Topic/ Unit:	Unit 3: Applying the			SMHW	
ropic, enter	Principles Personal				Feedback through
	Training			Youtube	Google Classroom and
				Kahoot	SMHW
YEAR 11	5 Periods every two	3/5 Live Lessons	Learning Aim C: assist with running and leading a	Power points	On-going assessment
BTEC	weeks	2/5 Work set	sports event		through completion of
CERTIFICATE			Learning Aim D: review your own contribution to	Activity sheets	Activity sheets
(Double)		(With flexibility)	running a sports		
				Delivery via Live	Submission through
				Zoom / Google	SMHW or Google
	Unit 11: Running a			Classroom and	Classroom
Topic/ Unit:	Sports Event			SMHW	
					Feedback through
				Youtube	Google Classroom and
				Kahoot	SMHW

Year 11	5 Periods every two	3/5 Live Lessons	Preparation for PPE:	Power points	On-going assessment
GCSE	weeks	2/5 Work set		Exam Questions	through completion of
SPORTS			- Functions of Skeleton	Worksheets	worksheets
STUDIES		(With flexibility)	- Joint Movements		
	Component 3:		- Types of Joints	Delivery via Live	Submission through
	Physical Training		- Antagonistic pairs	Zoom / Google	SMHW or Google
			- Gaseous Exchange	Classroom and	Classroom
			- The Heart	SMHW	
Topic/ Unit:			- The Respiratory System		Feedback both live
			- Immediate Effects of Exercise on the Body	Youtube	and from self
			- Muscle Fibre Types	Kahoot	marking/teacher
					marking