

Year 9 - Autumn Food Technology



## **Take Away Home Learning**



The Peri-ometer 4 task menu shows the level of challenge of each task ranging from extra mild to extra hot. All tasks should be completed during the term.

Diet and Nutrition Vlog  Make a vlog discussing different aspects of diet and nutrition.	Record a short video covering topics like balanced diets, dietary needs, and food groups.	Use <u>British Nutrition Foundation</u> for factual information and use Google Drive to share your video (keep an eye on the size!)
Farm-to-Fork Research Project Conduct a mini research project on the farm-to-fork journey of a food item.	Choose a food item eg. eggs and trace its journey from origin to consumption.	Visit The Royal Society for the  Prevention of Cruelty to Animals  (RSPCA) for insights on animal welfare in food sourcing and Google Slides for creating your presentation.
Cultural Food Festival Plan Plan a cultural food festival for your school.	Select a culture, list typical dishes, and outline how you would organise the festival.	Check out <u>School Food Plan</u> for guidelines on school food events and <u>Food – a fact of life</u>
Experimental Recipe Invent a new recipe by experimenting with ingredients.	Combine unusual ingredients to create a unique dish, document the recipe, and evaluate the taste.	Explore <u>Food — a fact of life</u> for ingredient ideas and <u>Jamie Oliver's Recipes</u> for inspiration on recipe development.